

First Week

Fourth Day

Fifteen Minutes for a New World

Would you like to discover that you live in a heavenly, new world? Give me fifteen minutes of your time every morning for about three months, and although I would hesitate to promise—as might a calisthenics instructor—that you will be “a new man,” I can say this: At the end of that time you will discover that you live in a new world.

Begin the fifteen-minute period if possible outdoors, or by a large window. Stand gazing upon the landscape and then up at the sky, stretch your mind and take in the vastness of God. Then feel, as you breathe deeply, the fragrance and beauty of God. Now let your soul beat with His Love.

You will begin to discover that you live in a friendly universe where religion is not something to put on or cast off but where it is a part of life, like blood is part of the body. You will see yourself in a new world where God dwells—not just in churches, expressing His wonders only in rituals—but where He governs every moment in every corner of His Creation. You will discover you are in a world where immortality need not be sought after for some future time because you will know you are immortal now, and God’s entire domain with all its goodness and with all its beauty belongs to you now and forever!

Each morning will become for you the beginning of an adventure, full of thrilling opportunities and breath-taking surprises. On any door which seems to be closing you will find a sign which points to another that will open upon vistas beyond all your former imagining. Your Father will be with you everywhere you are, sharing with you, His child, the wealth of the Kingdom of Heaven.

And I saw a new heaven and a new earth: For the first heaven and the first earth were passed away; and there was no more sea. (Revelation 21:1)