

From Glenn Clark



On Twinning

“Hold in mind a person you clearly love and opposite him see someone who stands in need of love...”

This ... carries you right down to the very roots where practically all human disease begins—the emotions ...”

BE THOU MADE WHOLE, 1953

This prayer process of Twinning provides a way of transforming Anger and Fear, “the parents of all vices” as described by Glenn Clark. Using this process frees us to become a viable prayer channel of God's love to the world.

Glenn Clark was a professor of literature and a highly successful athletic coach. A Christian mystic and a man of prayer and deep faith, he authored dozens of books and other writings on creative spiritual living. He is the founder of the prayer movement Farthest Out, “dedicated to the purpose of discovering the wholeness of that abundant life which Christ promised...”

From Mary Welch

I have decided to venture upon a "slow motion" observation of the ways in which the listed fruit of the Spirit manifest in my daily life. I will do this by emphasizing one special fruit each day for a season. The first one listed being love, I have spent the day experiencing the inflow and outflow of love.

The Plan

This started the day in high adventure. Before I left my morning meditation I drew up a plan for expressing love today in a special way. I listed the names of the first twelve loved persons entering my mind. These were persons for whom it is my natural disposition to pray daily with a spontaneous love. The names came faster than I could write.

Then I started back at the top of the sheet of paper and beside each name I wrote another, a name that I consciously strove to find as being that of some person who might stand in need of more love in his or her life from somebody. These last names I paired with the first ones listed, thus giving to each loved person a "twin" for the day's experience of love and prayer.

The Twinning

Then I started down the list in earnest prayer, dwelling on my full-hearted love for the first named one, rendering my gratitude for his or her place in my life, and giving that dear one to the Father for the day. Next I took the "twin" and lifted that one into the same realm of intense loving concern where I had effortlessly held the first one.

The Prayer

I remained with each of my dozen sets of twins until each “twin” name had been raised to the same degree of warm love and had been prayed for with the same fervor as the first names had inspired. This was about as exciting a feat as I have ever attempted in my life. It required two hours of time and was certainly a soul-stretching exercise.

Had I possessed any enemies to have paired with my great loves, they should surely have been annihilated in this process, but having just disposed of them recently through my "orgy" of forgiveness, I had to use the souls who stood in need of more love from me or from someone. As I prayed, I felt a light burning within that made me know that at that very time something unusual was happening to those I used as "twins."



I extended the game through the day, refusing to admit into my thoughts any one of the first list without his or her "twin." I think this holds possibilities of miracle. I shall use it as a new leverage in prayer. Whenever I find difficulty in praying for a person or a situation, I shall identify it with a person or condition which automatically calls me to my highest prayer potential. I shall not be surprised to find myself assailed as I pray for or love my most precious friends, by a host of wistful “satellites” pleading **“Pray for us, too.”**

RECKONING AT DUSK, 1943